

# CAPRICORN COAST CATHOLIC PARISH

26 May 2024 - The Most Holy Trinity, Year B



## Parish Priest

Fr Matthew Moloney

matthewmoloney@rok.catholic.net.au

## Parish Secretary

Mrs Angela Wilczek

## Administration Officer

Mrs Andrea Canavan

## Office Hours

Monday to Friday

9:00am - 2:00pm

## Phone

07 4933 6171

## Emergency After Hours

(Presbytery)

07 4933 6824

## Email

[capcoast@rok.catholic.net.au](mailto:capcoast@rok.catholic.net.au)

## Postal Address

PO Box 64 Yeppoon QLD 4703

## Sacred Heart Church

7 Tabor Drive, Yeppoon

## Mary Immaculate Church

38 Archer St Emu Park



## HOLY TRINITY SUNDAY READINGS

### 1st Reading:

Deut. 4:32-34, 39-40  
Moses tells the people of  
the one true God.

**Psalm 32:** Happy the  
people the Lord has  
chosen to be his own.

### 2nd Reading:

Romans 8:14-14

We are heirs with Christ.

**Gospel:** Matt. 28:16-20

Jesus sends forth the Apostles  
with the promise to be with  
them always.

**GOSPEL MEDITATION:** Once I was at a meeting with representatives of various religions. On a coffee break, a man from another religion mused to me: “You know, with all our differences, all religions are really about being good people.” I lowered my cappuccino and said as warmly as I could, “That’s not what mine’s about.” His quizzical look begged for clarification. “Mine is about plunging into the life of God,” I said.

Just before Jesus ascends into heaven, he commands the eleven apostles, “Go, therefore, and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Spirit, teaching them to observe all that I have commanded you; and behold, I am with you always, until the end of the age.” (Matthew 28:19-20). The word “baptize” means “to immerse in, to plunge into.” It presupposes the use of water. But what does it mean to be immersed in God’s name? In the Bible, God’s name is identical to God Himself. So, to be baptized into water, using Jesus’ formula, is to be plunged into the life of God. Said another way, it is to die with Jesus and rise with him as a member of his body.

The Trinity isn’t a doctrine simply to accept and ponder. It’s more like an ocean: a mystery into which we are baptized ... inserted, immersed, dunked, plunged. Baptism gives us power to live our lives as beloved children of God, patterned after Jesus himself, who is always with us, until the end of the ages. Hardly the same as being good people. Stranger, but much better. - Father John Muir ©LPi

*The worshipping communities of Sacred Heart, Yeppoon & Mary Immaculate, Emu Park acknowledge the Darumbal People the traditional custodians of the land on which we gather, and pay respect to their elders: past, present, and emerging.*

*For we too are one in land, one in spirit, one in faith, united in God’s love.*

# LITURGIES

Date	Time	Mass
Tues 28 May	11:00am	Funeral Mass – Margaret McCosker SH
	5:00pm	Mass, St Brendan’s College
Wed 29 May	9:00am	Adoration & Rosary, Sacred Heart
	10:30am	Rton Schools Liturgy, St Joseph’s Cathedral
	5:30pm	Bishop Anniversary Mass, St Joseph’s Cathedral
Thurs 30 May	9:00am	Mass, Sacred Heart (St Benedict’s School)
Fri 31 May	9:00am	Mass, Sacred Heart
	2:00pm	Rosary, Sacred Heart
Sat 01 June	5:15pm	Mass, Mary Immaculate
Sun 02 June (The Most Holy Body and Blood Of Christ)	8-8:30am	Reconciliation, Sacred Heart
	9:00am	Mass, Sacred Heart
	5:00pm	Mass, Sacred Heart

## WEEKEND ROSTER

This weekend: The Most Holy Trinity Sunday 25/26 May

	5.15pm Sat MI	9am Sun SH	5pm Sun SH
Commentator	Michelle Griffin	Deb Bayliss	Margaret McAuliffe-H
1st Reader	Marian Robinson	Max Martin	SBC Student
2nd Reader	Christine Davids	John Campbell	SBC Student

Next weekend: Most Holy Body & Blood of Christ 1/2 June

	Jan Mussig	John Campbell	Kathy Strelow
Commentator	John Mckenna	Barbara Kirwin	STU Student
1st Reader	John Hinton	Nini Sielaf	STU Student
2nd Reader			

# Pray for

**Baptisms:** Cooper and Harrison Eyles.

**The sick:** Doreen Quinn, Richard Nagle, Clint Harm, Colleen Stower, Amy Collins, Eimear Devlin (Ireland), Pat Searles, Fiona Bryson, Paul Hansby, Emily White, Renae Ellaway (Duffy), Scott Mahosky, Kevin & Joan Lacey, Ollie Miles, Jo-Anne Coxon, Alan Davids, Adam Loch.

**The recently deceased:** Lewis Tickner, Theresa Coppin, John Bignell, Marg McCosker, Pamela Smith (UK), John ‘Jack’ Kelly, Terry Groser, Alison Kreig (Blackall), George Bond, Sherrie Boike (Brisbane).

**Anniversaries at this time:** Margaret Lambrick, Noela Tansey, Margaret McWhinney, Margaret Curley, Bill Mulcahy, Beverly Murphy, Jamie Brazer, Maria Hutchinson.

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*We pray for Bishop Micheal  
as we celebrate his  
10th Episcopal Anniversary,  
and we welcome  
His Excellency  
Archbishop Charles Balvo,  
the Apostolic Nuncio in Australia,  
to celebrate this occasion in our Diocese.*



*The people of the Diocese  
are invited to celebrate the  
Tenth Anniversary of  
Most Reverend Michael McCarthy  
Bishop of Rockhampton*

*Wednesday, 29<sup>th</sup> May 2024  
5.30pm Mass of Thanksgiving,  
St Joseph’s Cathedral*

**DONATION POINT** SH Church has a Donation Point Tap facility in the Church foyer. Your donation assists the Parish to meet its ever increasing costs and commitments. **Your donation is appreciated.**



Come Holy Spirit,  
fill the hearts of your faithful,  
enkindle in them the fire of your love.  
Send forth your Spirit  
and they shall be created.  
And you shall renew the face of the earth.



Let us pray.  
O God, who instruct the hearts of the faithful  
by the light of the Holy Spirit,  
grant us in the same Spirit to be truly wise,  
and ever to rejoice in your consolation.  
Through Christ, our Lord. Amen

## INVITATION TO ADVERTISE

To assist in off-setting the costs of production and printing, we invite local businesses to consider placing an advertisement in the Capricorn Coast Parish Bulletin (hard copy and electronic). In brief:

- Coverage will include Sacred Heart, Yeppoon and Mary Immaculate, Emu Park churches, the four local Catholic schools and the wider community.
- *Each week includes a print run of over 300 copies, an electronic distribution of 2500, and is posted on our parish website.*
- The cost of advertising for the **12 month period** would be:  
*\$10 per week for a standard advertisement (9.4cm x 3.6cm high)*
- Advertising across the financial year of 2024 to 2025

All enquiries to place an advertisement to [capcoast@rok.catholic.net.au](mailto:capcoast@rok.catholic.net.au).

To note: advertising enquiries close **Monday 17th June**.

### **CRITERIA FOR ADVERTISING:**

**The following checklist may be used to support advertising applications. The final decision remains with the Parish Priest.**

| Advertising                                                                                                    |
|----------------------------------------------------------------------------------------------------------------|
| Is not contrary to Catholic perspectives                                                                       |
| Promotes a local product, business, or service (local is preferable)                                           |
| Does not align with political parties or organisations                                                         |
| If advertising space is competitive, the advertiser is a parishioner or regular service provider to the Parish |

### **Healing Prayer Ministry (HPM)**

*Looking for a way to deepen your spiritual life?*

*The HPM is once again to be a part of the life of our Capricorn Coast Parish.*

*Over the coming weeks information will be provided as to ways in which you might like to be involved in this ministry.*

*Watch this space for further details.*

### **Sacramental Program!**

Next Sessions:

Sunday & Wednesday



## **Living the Gospel**

### **The Sign of the Cross**

*Jesus' instruction that the disciples go out to all the nations and baptize them 'in the name of the Father and of the Son and of the Holy Spirit' is an instruction that is still being carried on today. Those precise words are used by the priest at every baptism. They are also the words used in the sign of the cross – whether that is a personal, private blessing of oneself or a blessing of a group as in the introductory and dismissal rites as part of a Eucharistic celebration. When we make the sign of the cross we use the words of Jesus.*



## **Have you thought? Mystery**

*I always thought that to describe the Trinity as a 'mystery' was a bit of a 'cop out' for not offering a decent explanation. However, a theological 'mystery' is defined as something that not only are we incapable of discovering except through divine revelation, but that even when its truth has been fully revealed, we are incapable of fully grasping it. Our understanding can never be any more than partial, even when we fully accept it. This is a concept with which our world struggles – that there is something that is not fully able to be known but it's OK not to fully understand it.*

## **Historical Context**

### **I believe**

*The word 'Trinity' does not appear anywhere in the New Testament although one can certainly see the beginnings of ideas about a Trinitarian God. It was not until 325, at the Council of Nicea, that the doctrine of the trinity was established as being orthodox teaching. This council sought to officially define the relationship between the Father and the Son as a response to the arguments of Arius (later known as Arian heresy). The statement of beliefs developed by this council in 325 is the Creed (credo – I believe) that is used in Catholic churches around the world today.*

Hail Holy Queen, Mother of Mercy,  
Our life our sweetness and our hope.  
To thee do we cry, poor banished children of Eve;  
To thee do we send up our sighs,  
mourning and weeping in the valley of tears.  
Turn then most gracious advocate,



Thine eyes of mercy towards us  
and after this our exile, show unto us the  
blessed fruit of thy womb Jesus.  
O clement, O loving, O sweet Virgin Mary!  
Pray for us, O Holy Mother of God.  
That we may be made worthy of  
the promises of Christ.



## Society of St Joseph Bequest Program

After providing for your family, including a gift of any size in your Will to support the Church's mission is a reflection of your gratitude, faith and values.

## Five steps to leaving a gift in your Will

Our Catholic faith is woven through the many milestones in our lives, providing guidance, hope and strength.

Making a gift of any size through your Will can support the mission of your parish, the Catholic Church and the faith of future generations.

### STEP 1 Reflect on what is important to you

Consider the values that have shaped your life and how your Will can reflect this once you are no longer here.

### STEP 2 Share your wishes

Talk about your decision with your loved ones and share your wishes with them.

### Further Information

Community Engagement Manager  
07 4887 3090  
communications@rok.catholic.net.au  
170 William Street, Rockhampton 4700  
PO Box 611, Rockhampton 4700

### STEP 3 Type of gift

Choose the type of legacy you would like to leave:

- A residuary gift: the remainder of your Estate once everything else is taken care of.
- A percentage of your Estate: a specific proportion of your Estate's value.
- A specific or pecuniary gift: a specific sum of money, shares or a specific item e.g., jewellery or a painting.

### STEP 4 Where to direct your gift

When you choose to leave a gift in your Will, you can direct it to support the Catholic Diocese of Rockhampton generally, nominate one cause or between several Catholic causes across the Diocese, such as:

- Holy Spirit Seminary
- Clergy Support Foundation
- Diocesan Ministry
- St Joseph's Cathedral Conservation
- ★ • Your home Parish ★

### STEP 5 Seek professional consultation

Visit a Solicitor to have your Will written or updated with a codicil. Recommended wording for a Bequest can be found online by visiting [rok.catholic.net.au/bequest](http://rok.catholic.net.au/bequest).



# LAUDATO SI' WEEK 2024

## Seeds of Hope

### Prayer for Laudato Si Week:

*God of all creation,*

*Thank you for the gift of our lives, and for the world in which we live.*

*We thank you for the warmth of the sun in winter, and a cool breeze in summer.*

*We thank you for the great diversity of life, which fills us with wonder and reminds us that we too are creatures.*

*We pray that we will grow in respect for all life, and for the Earth itself.*

*That we will use your gifts with gentleness and wisdom, not with greed and selfishness.*

*We pray that our minds and hearts will lead us to an active hope,*

*as we respond to the cry of the Earth and the cry of the poor in our time.*

*May our hope transform humanity, to take bold action to protect our world.*

*At this time of Pentecost may we call on the Holy Spirit to kindle in us the fire of God's love*

*And renew the face of the Earth. May we all be part of that renewal.*

*We ask this in Jesus' name. Amen.*

## SHARED MEAL

### Next Week

**Mary Immaculate:** 1st June after the 5.15pm Mass. Please bring a plate if able and also your coffee cup to help our environment.

**Sacred Heart:** 2nd June after the 9am Mass. Thank you to the Bereavement Team for hosting.



The Catholic Diocese of Rockhampton abides by the principles of the **National Catholic Safeguarding Standards** (2013), and is committed to safeguarding, with a specific focus on protecting children and vulnerable adults. For further information or support please contact the Diocesan **Professional Standards & Safeguarding Office: Response Line: 1800 830 113 (free call)** or email: [pssoadmin@rok.catholic.net.au](mailto:pssoadmin@rok.catholic.net.au) **Diocesan Website** for more information: <https://rok.catholic.net.au/our-diocese/safeguarding/> To view the **Diocesan Safeguarding Children & Vulnerable Adults commitment statement & Policy:** [www.rok.catholic.net.au/safeguarding-policies.html](http://www.rok.catholic.net.au/safeguarding-policies.html) **Queensland Professional Standards Office:** [www.psoqld.catholic.net.au/](http://www.psoqld.catholic.net.au/)



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